

राम ॥ राम नाम लो, भाग जगाओ ॥

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॥ पदराग सोरठ ॥

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मन रे करडी बिना सब काची ॥

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Without determination, everything is unripe.

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ललफल माँहे नहीं फळ दायक ॥ कहां बूरी कहां आछी ॥टेर॥

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Oh mind, oh soul if you do not practice devotion with unwavering determination as instructed by the Satguru, and instead indulge in superficiality and worldly pursuits, combining devotion to the Satguru with worldly desires, then the fruits of the immortal realm will not be attained. As Satguru Sukhramji Maharaj says, if even small or superficial forms of devotion to Maya, which keep one in the clutches of death, cannot be attained while indulging in superficiality, then how can one attain the devotion to the almighty Lord that liberates one from the clutches of death?

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Note: Here, mind refers to the true self of the living being, i.e., the soul. It does not refer to the five accompanying senses and the mind, or the manifest mind residing in the heart.

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भजन करे तो करे करारो ॥ दास भाव सुध होई ॥

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ज्ञान गहे तो फटक पिछाँटी ॥ निर्भे मत ले जोई ॥१॥

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To attain the abode of immortality (Amarlok), if you worship the Sat-Swarup the almighty Lord, do not worship any other deity and chant the Sat-Swarup's name with fervor. If you want to be a true devotee of Sat-Swarup, maintain a pure and single-minded devotion towards Sat-Swarup. Do not mix your devotion to Sat-Swarup with that of other deities. If you want to attain the knowledge of Sat-Swarup, do not let thoughts of the pleasures of Maya's illusions enter your mind. Drive away those thoughts with determination and fearlessly embrace the thoughts of Sat-Swarup's supreme bliss.

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त्याग करे तो तज घर आदु ॥ ज्यां सूँ हँसो आयो ॥

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पाँचूँ भूत तीन गुण माया ॥ महात्तत जिकण बणांयो ॥२॥

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If one has to renounce, then one should not renounce like the ascetics of the world renounce their homes. One should renounce the actual home of the Maya the delusion, filled with vices and desires from where the soul has entered this world. Renounce the home of the father, who is the Supreme Brahma, who created the maya (delusion) i.e. Mahatta (the element from where the 5 elements originated), the five elements - space, air, fire, water, and earth - and Maya, consisting of the Rajas guna (mode of passion), the Sattva guna (mode of goodness), and the Tamas guna (mode of ignorance). Renounce the father and mother in

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राम the form of creator and desires respectively.

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तपस्या करे तो ताव ओ देणो ॥ मन को कयो न कीजे ॥

राम सतगुरु ज्ञान कहे ज्युं करणो ॥ पराभक्त चित दीजे ॥३॥

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राम If you wish to perform true penance, then don't torment your body like
राम the worldly ascetics do. Instead, control your mind. Don't follow the
राम desires of your mind that urge you to perform rituals prescribed in
राम Vedas, scriptures, puranas, and Quran. Instead, follow the teachings of
राम the true Guru who imparts the knowledge of supreme devotion
राम (parabhakti). Withdraw your mind from the illusion (maya) that has three
राम qualities (sattva, rajas, and tamas) and focus it on supreme devotion.

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तीरथ करे तो कर अडसट रे ॥ अेको भूल न जाये ॥

राम तन मन खोज उलट गढ चडणा ॥ ब्रम्ह अगम में न्हाये ॥४॥

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राम Do not go to the sixty-eight pilgrimages as the people of the world go.

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राम Search within the body and mind, find the way and climb the fort through
राम banknaal (the spiritual route explained by Satguru), and by making the
राम body a whole universe, do all the sixty-eight pilgrimages without leaving
राम a single pilgrimage in the body.

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राम Do not bathe in rivers just as men and women bathe in the water of
राम rivers in the world, bathe in the bramh-agni (the diveine fire) at the tenth
राम door (daswe-dwaar), i.e. bathe in the fire of the supreme Lord (Sat-
राम swarup Agni),

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राम Bathing in rivers washes away some of the sins, but bathing in the
राम Brahma Agni washes away the accumulated karma, or accumulated
राम sins, that have come from countless births.

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सेवा करे तो कर नर अेसी ॥ उलट तोय समावे ॥

राम दसवे द्वार बिराजे साहिब ॥ रूम रूम जस गावे ॥५॥

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राम If one wishes to serve, then just dont serve as the devotee in the temple
राम of the world, who focus the body and mind and become one with the
राम illusionary gods, instead serve the supreme Lord in the temple at tenth
राम door where he manifests. The Lord resides at the tenth door and forever
राम merge in him as a soul. Just as in the world, the names of the illusory
राम gods are sung from the mouth, so resonate the half name the rarankaar
राम (a divine sound) continuously from every pore of the body, singing this
राम undivided name eternally.

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ममता मार जिकण अे जाया ॥ सुभ असुभ न दोई ॥

राम धीया प्रण मांड घर अेसो ॥ अमर पूत ज्यां होई ॥६॥

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राम O soul as daughter, you should kill illusionary mothers (maya) love, and
राम manifest the wisdom of the supreme Lord. Don't think of the auspicious

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राम i.e. the happiness you get from illusion (Maya) and the inauspicious i.e. the sorrow of the death angle. Thus, you should marry Satyaswaroop
राम Brahma (The supreme Lord) and establish your home in the tenth door
राम (Daswe dwar). By doing this you will attain the eternal realm (Amarpad)
राम in the form of a son.

राम सुरे सपूँछी जिण घर बांधो ॥ अमर लोक में दूझे ॥

राम तीन लोक में फिरे भटकती ॥ ज्यां ने मूरख बूझे ॥७॥

राम In the realm of immortality (amarlok), the one who grants milk, the one
राम who bestows happiness, such a celestial cow, the immortal cow, i.e. tie
राम the devotion of science to the realm of immortality. One who gives the
राम pleasures of maya but but she does not alleviate even a bit of the sorrow
राम of death angle, so Dont embrace celestial cow, the divine cow, i.e. do
राम not worship maya the illusion. This divine cow herself wanders in the
राम three worlds in the mouth of death angle, and also makes her devotee
राम wander, the fools asks for such a divine cow i.e. the devotion to illusion
राम the Maya,

राम मन कुं थोभ निजमन करणा ॥ रस बिज्ञान पिळावे ॥

राम के सुखराम धार सिर सतगुरु ॥ अमर लोक यूं जावो ॥८॥

राम Restrain the impure mind which wanders in the entire universe of the
राम three worlds and 14 adobes, entangled in worldly desires. Restrain it and
राम quench its thirst with the nectar of bliss and wisdom, making it capable of
राम attaining the fourth realm of the Lord. Satguru Sukhramji Maharaj says to
राम all men and women: Embrace such a Satguru who bestows all scientific
राम methods and attain the immortal realm.

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