

राम ११५ पदराग गुड ॥ राम

राम डूबा था डेह मांय नहीं तर डुबा था राम

राम प्रस्तावना राम

राम **Drowned in the Vortex** राम

राम **Preface** राम

राम Since the existence of this Universe there exists 2 positions or dimensions. In the  
राम beginning, we were in top most dimension of this universe (Parbrahm). There, we  
राम had a desire for pleasures. In pursuit of that desire, we came to the mortal world of  
राम birth and death cycle which arised from the creator of this mortal world (Parbrahm  
राम and Trigunimaya). And in this world, due to the impure desires of Trigunimaya, we  
राम got stuck here and fell into great suffering. Like there are vortexs in sea, when one  
राम gets trapped in such a vortex, it is very difficult for him to get out. Only a diver who  
राम has the skill can get him out. Similarly, the ocean of existence (bhavasagar) is the  
राम ocean of impure desires, i.e. different desires of Trigunimaya, such as lust, anger,  
राम pride, infatuation, greed, jealousy, sixty-four qualities (both good and bad),  
राम pilgrimage, fasting, etc. Satguru took me out from this trap. And how did he take  
राम me out? That is also what they tell in the following verses.

राम डूबा था डेह मांय नहीं तर डुबा था राम

राम डुबा था डेह माय नहीं तर डुबा था ॥ राम

राम म्हारा सतगुरु काड्या आय ॥ नहीं तर डुबा था ॥टेर॥ राम

राम I was drowning in the vortex (doha). My Satguru pulled me out, otherwise I would  
राम have drowned and died in the vortex. राम

राम काम क्रोध मद लोभ में हो ॥ सब जग डुबो आय ॥ राम

राम सतगुरुं हेलो पाडीयो हो ॥ मेर सुण्यो वां जाय ॥१॥ राम

राम in the vortex (doha) of lust, anger, greed, infatuation, jealousy, and ego, all the men  
राम and women of the world are drowning. I too was drowning, just like all the other  
राम men and women of the world. The True Guru gave the knowledge of how to  
राम escape from the vortex (doha) of lust, anger, greed, infatuation, jealousy, ego, etc.,  
राम and called out to all the drowning people to listen. I listened attentively to the True  
राम Guru's knowledge. राम

राम दोय नेजा गुरु लाईया हो ॥ पिडी अक बनाय ॥ राम

राम दोय नर लागा खेंचणे हो ॥ युं गुराँ काड्या आय ॥२॥ राम

राम The Satguru brought two ropes of breath, i.e. exhalation (Om) and inhalation  
राम (Soham), to pull me out of the vortex. He tied a ladder of the name 'Ram' to the  
राम ropes and made two men, the super-mind (Nijman) and super-intelligence  
राम (Nijchitta), pull me out of the vortex. In this way, the true guru pulled me out of the  
राम vortex. Otherwise, I would have drowned in the vortex. राम

राम सेजां सेजां काडीयां हो ॥ जतन किया ब्हो भाँत ॥ राम

राम बली हारी गुरुदेव की हो ॥ काड्या कर कर ख्याँत ॥३॥ राम

राम ॥ राम नाम लो, भाग जगाओ ॥

॥ राम नाम लो, भाग जगाओ ॥

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राम He did not let me suffer even a bit, he took me out of the vortex (of suffering) with great care, making sure that I did not fall back in again. If my Gurudev had not taken care of me, I would have drowned. Therefore, I sacrifice myself to my Gurudev.

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राम भवसागर सूं काड कर हो ॥ गिरवर चाड्यो मोय ॥

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राम तिन लोक लारे रया हो ॥ भौसागर क्या होय ॥४॥

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राम Gurudev has taken me out of the ocean of worldliness and placed me on the peak of true form (Sat Swarup). Having ascended to the sky beyond the mortal world (three worlds), I am no longer afraid of the vortex of the ocean of worldliness of the three worlds.

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राम पाँच पुरस दोळ हुया हो ॥ जाण न देवे मोय ॥

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राम सतगुरां भेद बताई या हो ॥ चड्या पिछाडी होय ॥५॥

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राम The five masculine words, touch, form, taste, smell, were surrounding me and pulling me into the ocean of worldliness. They were not letting me go outside the ocean of worldliness. The Satguru told me that these five men would die easily if I practice the secrete breathing technique (Aamau Kumbhak with Rechak and Purak). I practiced the technique (Aamau Kumbhak), and these five men got separated from me and I started to ascend from the path of west.

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राम निसरणी होय चड गया हो ॥ सतगुरा के प्रताप ॥

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राम जन सुखदेवजी पौंचीया हो ॥ जहाँ निरंजन आप ॥६॥

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राम Just as there is a ladder to climb a mountain, such a ladder was created within me, by the grace of the Satguru. Climbing through the western path, I reached the place of the Lord who is formless (Nirankar Sahib), who is beyond the formless death angel (Nirankar Kal) resides. I reached the place Satguru Sukhramji Maharaj says.

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